

Undergraduate 4th Semester (Honours) Examination, 2020-21

Subject: NUTRITION

Course ID: 42312

Course Code: SH/NUT/402/C-9

Course Title: Diet Therapy I

Full Marks: 25

Time: 1 hr 15 mins.

The figures in the margin indicate full marks.

Candidates are required to give their answers in their own words

as far as practicable.

Answer all the questions

UNIT I

1. Answer *any five* of the following questions: 1 x 5 = 5

- a) What is android obesity?
- b) Write two symptoms of haemorrhoids.
- c) What is total parenteral nutrition?
- d) Mention two causes of atonic constipation.
- e) What do you mean first degree burn?
- f) Mention two complication of tube feeding.
- g) Write the conditions of prescribing bland diet.
- h) What is ulcerative colitis?

UNIT II

2. Answer *any two* of the following questions: 5 x 2=10

- a) What do you mean by IBS? Mention its clinical features. 2+3
- b) What is intermittent fever? Describe nutritional modification needed in influenza. 1+4
- c) Write the role of dietitian in hospital management. 5
- d) What is therapeutic diet? Mention important features of the following types of diet – (i) clear fluid diet and (ii) full fluid diet 1+(2+2)

UNIT III

3. Answer *any one* of the following questions:

10x1=10

- a) What is diarrhoea? Mention important causes of diarrhoea. Write the symptoms of dehydration. Describe oral rehydration therapy in management of acute diarrhoea. 1+2+2+5
- b) 'Obesity is a multi-factorial disease'—explain. Mention the complications of obesity. What is body mass index? 5+3+2